



## Newsletter Blast August 2025

*We recognise the Kurna and Peramangk Peoples as the traditional owners of the Adelaide Hills and pay our respects to elders past, present and emerging.*

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### Bridgewater, Aldgate Community Support Hub (BASCH)

Congratulations! to our BACSH members being awarded the NAB Community Grants, Community Recovery (Programs to enhance community connection, resilience and wellbeing post natural disaster) grant. Monies awarded will go towards funding necessary equipment for the setup of the hub: BACSH is auspiced by The Hut and will be activated in The Village Well.

Well done team, what a great effort raising funds to set the community support hub up so it is ready if it is needed to be activated.



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### Have Your Say in The Hut's Direction and Governance

We strongly believe that having local community involved with decision making is vital for us to achieve our vision, mission and objectives and continue to stay both relevant and accountable to our community. One way you can be involved, is to sign up as a Member of

**The Hut.**

Membership is free and open to all people who subscribe to the [Objectives of The Hut](#). Membership is for 12 months with renewals done in July each year. Being a member entitles you to vote in new or returning Board members at the Annual General Meeting (AGM).

Having the 'right' Board members help us maintain strong governance. It is critical for us to have a strong representation of the community on our membership base to help us determine who those Board members will be. This year we will have five vacancies on our Board, including three current Board members hoping to fill their second term.

**Your say matters, and your vote counts!**

To continue your membership, or become a new Member, and have the opportunity to vote at our next AGM, please complete the membership form available [here](#).



We will send more information about nominating and voting for Board members to all Hut members closer to the AGM date later this year.

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**We'd Love to Hear Your Story!**

At The Hut, we know that powerful things happen when people come together — lives are

changed, friendships are formed, and support is found in unexpected ways. That's why we're excited to share the real stories behind what makes The Hut so special — *you*, the people who make our community thrive.

Long-time supporters Judy Ferrante and Tony Rogers have been chatting with locals, gathering heartfelt and inspiring stories from those connected to The Hut. They've already spoken with more than twenty people — volunteers, visitors, and participants — and what they've uncovered is truly moving. From moments of kindness to life-changing support, these stories highlight the incredible impact The Hut has in our community.

Whether you've found a new purpose, made lasting friendships, received a helping hand, or simply enjoy being part of something positive — we'd love to hear your experience. Your story could inspire others, strengthen connections, and help shine a light on the value of community. Come have a chat — your voice matters, and your story could make a difference.

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### Aldgate Oval Hall - Upgrade and Hire

A big shout out to the Adelaide Hills Council, the kitchen has been renovated and is looking great!

If you or your group is looking for a comfortable and affordable space to meet or have a private function at a venue with parking and excellent facilities, please contact The Hut for more information.



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### Spark at Karkoo Nursery

The Spark team are thrilled to be starting a new Spark Conversation group at Karkoo Nursery Oakbank starting Tuesday 5<sup>th</sup> August 10.30-12.00pm.

Join friendly Sparkies Lia, Jacqui, Katrina and Steph who will warmly welcome you into some meaningful conversation and connection.



**Spark** ✨  
conversation

at 

Every Tuesday 10.30am-12.00pm

Weekly groups  
to spark  
meaningful  
conversation  
and connection

Spark is for anyone who is wanting to connect. Keen to form new friendships? Feeling lonely or isolated? Simply love meeting people? New to the area?  
**Everyone is welcome at Spark!**



**Spark** ✨  
Igniting human connection

In collaboration with  

[www.sparkconnection.org.au](http://www.sparkconnection.org.au)

### Loneliness Awareness Week 2025

We're thrilled to offer a series of events throughout the Adelaide Hills. Join us 4th – 10th Aug 2025. Come along to meet people, make some meaningful connections and help us ignite sparks of conversation in our community!

The Loneliness Awareness Week 2025 Theme "Moments Matter," is a beautiful collaboration between Community Connections, Spark, The Hut Community Centre, Lutheran Care, the Department of Human Services, Miss Perez, Britannia, Mt Barker Community Centre, Karkoo, Awesome Foundation, and Bridgewater Sports & Social. Together, we aim to create a welcoming environment for everyone.



# MOMENTS MATTER

4-10 AUG 2025

## Join us to make connection matter across the Adelaide Hills!

**Tuesday 5<sup>th</sup> August 10.30-12pm**

**Spark Conversation**  
Karkoo Nursery Oakbank  
Launching today  
Complimentary coffees!

**Tuesday 5<sup>th</sup> August 1pm-4pm**

**Community Connections**  
Free Drop In Session  
Launching today at Stirling Library

**Wednesday 6<sup>th</sup> 10am-12pm**

**Spark Conversation**  
Britannia Kanmantoo  
Complimentary coffees!

**Wednesday 6<sup>th</sup> 2pm-4pm**

**Free Community Barbeque**  
Mount Barker Community Centre

**Thursday 7<sup>th</sup> August 5.30-7.30pm**

**Spark Mateship**  
Bridgewater Sports and Social Club  
Pool, darts and good conversation  
Free Pizza!

**Thursday 7<sup>th</sup> August 5.30pm-7pm**

**Spark Conversation**  
Miss Perez Stirling  
Author sharing by Niki Bonfield  
'Fragmented Yet Whole'  
Complimentary drinks and nibbles

**Friday 8<sup>th</sup> August 2pm-Late**

**Connect & Create**  
**Britannia Kanmantoo**  
2pm Share your craft at Crafty Connection  
4pm Free pizza & music by the fire  
6pm Open Mic Night



### IN-PERSON - My Aged Care Information Sessions- Hills Region

A joint initiative with Adelaide Hills , Mount Barker and Alexandrina Councils to bring the Department of Health, Disability and Ageing to our region to talk about My Aged Care.

These sessions across four locations aim to provide relevant information to the community about:

- The different types of aged care services available
- Eligibility criteria for services
- Assessment process for services
- Referrals to service providers and,
- The contributions associated with the cost of aged care to individuals

Please see below the dates and links for people to register.

- Thursday 21 August 2025 – 10.30am-11.30am Mount Barker District Council Office, Homemaker Centre, Building 3/6 Dutton Rd, Mount Barker  
<https://events.humanitix.com/aged-care-information-session-mount-barker>
- Monday 8 September 2025 – 10.30am-11.30am Adelaide Hills Council, Coventry Library 63 Mount Barker Rd, Stirling <https://events.humanitix.com/aged-care-information-session-stirling>
- Thursday 11 September 2025 – 10.30am-11.30am Alexandrina Council, 11 Cadell St, Goolwa <https://events.humanitix.com/aged-care-information-session-goolwa>
- Thursday 11 September 2025 – 1.00pm-2.15pm Strathalbyn Library <https://events.humanitix.com/aged-care-information-session-strathalbyn>

[Aged Care Information Sessions in regions.pdf](#)

These sessions are relevant to providers and community members and everyone is welcome.



CafeSmart is StreetSmart's annual national fundraiser with 700+ cafes around Australia raising funds for local community services to take action on homelessness.

Throughout next week, participating cafes will be raising awareness and funds with their customers and on Friday 8th August, Cafes will donate \$1 from every coffee sold to fund vital, local responses to homelessness.

Find your nearest participating Cafe [here!](#)

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**Bridgey Battle of the Bands - See the future of music, Live!**

Get ready for an electrifying night as the best under-18 bands take over the stage to battle it out for the top spot. This is your chance to witness raw talent, original sounds, and high-energy performances from the next generation of musicians.

Think your band has what it takes?

We're calling on all under-18 bands to join the lineup! Whether you're seasoned performers or stepping on stage for the first time, this is your moment to shine. Bands must register in advance and bring their own gear (a drum kit will be provided). First prize includes a professional recording studio session to help take your music to the next level.

To buy tickets or register a band follow this [link](#).

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# How are Australian parents doing right now?



Australia's first national parenting survey is here – share your experience today  
[parentingtoday.net.au](https://parentingtoday.net.au)



## How are Australian Parents Doing Right Now?

It's time to find out. The Parenting Today survey is a national survey that will bring together the voices of 10,000 parents – and you can add your voice to the mix. This is your chance to make sure families just like yours are represented. The survey will capture the experiences, strengths, and support needs of parents and carers across Australia.

If you are a parent or carer to a child aged 0-18, you are invited to participate and share your experience of what it is like to be a parent in 2025.

Take the survey now - [parentingtoday.net.au](https://parentingtoday.net.au)

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A horizontal banner for the 'Through the Lens' competition. It features a camera lens graphic in the background. On the left is the 'Through the Lens' logo with a camera icon and the text 'Seniors Card Photographic Competition and Exhibition'. In the center are the 'Seniors Card' and 'Government of South Australia' logos. On the right are the 'ATKINS LAB Est. 1936', 'CLAYMORE', and 'Diamonds' logos. A yellow button on the far right says 'ENTER NOW >>>'.

## Through the Lens - Seniors Card Photographic Competition & Exhibition

Through the Lens is delivered by Office for Ageing Well and is part of SA's Week of Ageing Well and International Day of Older Persons celebrations. The competition and exhibition promote ageing well by celebrating the skills of older South Australians through the art of photography and demonstrate that people can learn and create at any age.

All South Australian Seniors Card members are eligible to enter by submitting up to four original photographs. Members are encouraged to submit their best photos for a chance to receive great prizes including gift cards thanks to sponsor Diamonds Camera, Video and Digital, large, framed prints thanks to sponsor, Atkins Photo Lab, and premium wine thanks to sponsor, Claymore Wines! Judges are looking for good photographic technique, creativity and clear photographs.

Finalists and winners in each of the categories as well as the winner of the Judge's Choice Award, will have their work featured in the Through the Lens exhibition at the City Library for public view throughout October 2025.



[Click here](#) for more information.

# YOU ARE INVITED

# SALA

## TO THE LAUNCH OF 'NOSTALGIA'

AN EXHIBITION BY THE INHAUSS ART GROUP

COME AND REMINISCE AS ARTISTS CONNECT TO THEIR PASTS  
USING IMAGES, ICONS AND WORDS



**Sarah Roberts**

**9 AUGUST, 2025**

SATURDAY | 1.00 - 3:00 PM

We would love to see you

The Hut, 1 Euston Road  
Aldgate, 5154

Visit [www.salafestival.com](http://www.salafestival.com) for full exhibition details



## HEALTH & WELLBEING PROGRAM FOR FAMILY MEMBERS - SA BASED

The care behind the care

Movement, mindfulness, and meaningful connection

### Program includes:

- In-person monthly gatherings
- Monthly guest speakers
- Light refreshments for in-person attendees
- Program journal (for all participants - including online)
- Online access for regional and remote attendees (SA only)
- Free membership within Online Family Community

### Open to:

- Older South Australians supporting someone with dementia



Proudly sponsored by:



▼ **Dates:** From July 2025 - June 2026

▼ **Venue:** To be confirmed

▼ **Cost:** FREE

- 1 year program
- Valued at \$250

To register:  
[www.dementiadoulas.org.au/programs](http://www.dementiadoulas.org.au/programs)





**15 Wembley Ave, Bridgewater**

**Last Thursday of month, 10am - 1pm**



**Come and enjoy**

**Great, free coffee and home-made soup**

**Good quality second-hand clothing,  
plants and produce sale**

**(Proceeds to support charities)**



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## Upcoming Activities

For all programs below use the booking link for each program or call The Hut on 83394400



### **Dungeons & Dragons Campaign**

**When:** Wednesdays weekly

**Time:** 4:00pm – 5:30pm

**Where:** The Hut Community Centre

**Cost:** \$5 per person per session.

**Bookings essential** [here](#).

Calling back all our previous D&D players, new players are also welcome, to engage in a compelling long term campaign.

Dungeon Master Victoria will be your guide on this collaborative story telling adventure. Suitable for ages 12+.



### **Social Cuppa - Men's Morning**

**When:** 2nd Friday of each month

**Next date:** Friday August 8

**Time:** 10.30am

**Where:** Lovells Bakery, Woodside

**Cost:** Buy your own coffee, we supply the cake

**Book** [here](#) or just show up!

Enjoy a chance to meet new people in a relaxed, informal setting.





### **Repair Cafe**

**When: Sunday August 10**

**Session Time: 10:00am – 1:00pm**

**Where: The Hut Community Centre**

**Cost: FREE. Donations appreciated**

**No Bookings required**

**Don't throw it out, get it fixed by our volunteer expert repairers! Services that may be available at our monthly Repair Café include fixing pushbikes, small electrical, wooden items as well as tool sharpening, jewellery repairs, software issues and sewing & darning. Hot drinks from Coffee Please coffee van will be available for purchase. Follow the Repair Cafe on Facebook for updates [here](#).**



### **Clothes Swap - Hosted by The Repair Cafe**

**When: Sunday August 10**

**Session Time: 9am - 10am**

**Where: The Hut Community Shed**

**Cost: \$5 to participate**

**No Bookings Required.**

**This is a great opportunity to bring a bag of good quality items to exchange if you can, though this is not required to participate. If bringing items, please arrive early to allow time for your items to be displayed. Donations prior to the event can be made at The Hut before Friday August 8.**



### **New Date: Garden Design for a Changing Climate**

**Start Date: Thursday August 14**

**Session Time: 10:00am – 2:00pm**

**Where: The Hut Community Centre**

**Cost: \$80.00 for 5 sessions**

**Bookings essential: [here](#)**

Topics covered in this course will include climate factors affecting your garden, soil and how to improve it, irrigation options, choosing the layout of your garden, plant selection, choosing a location, and much more! Two exciting field trips are included in this course.

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### **Lunch At The Hut**

**When: 1st Wednesday of each month**

**Next Date: Wednesday September 3**

**Session Time: 12:00pm – 2:00pm**

**Where: The Hut Community Centre**

**Cost: \$5.00 for two course meal**

**Bookings essential: 8339 4400.**

An opportunity to connect with people in your local Hills community over a delicious, nutritious two course home-cooked meal! Join us at The Hut for lunch made with love by our volunteers, served with a welcoming smile, good company and fun! On the first Wednesday of each month.

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### **Save on Your Energy - Presented By Origin Energy**

**Start Date: Thursday September 18**

**Session Time: 11:30am – 12:30pm**

**Where: The Hut Community Centre**

**Cost: FREE**

**Bookings essential: [here](#)**

**Join us for a relaxed and informative**

session with the team from Origin Energy. This free community event includes a short 10-minute presentation with simple, practical tips to help you save on energy; a 5-minute Q&A session; and optional one-on-one chats (5–10 minutes) with the Origin team. You'll also find helpful information on local food pantry services, financial counselling and Community Connection programs. Everyone welcome—drop in, have a chat, and pick up some great tips!

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### **Vision Board Workshop**

**Start Date:** Friday September 19

**Session Time:** 9:30am – 12:30pm

**Where:** The Hut Community Centre

**Cost:** \$30pp

**Bookings essential:** [here](#)

Come along to a relaxing morning and set your intention as we create and connect to what we truly want for the the year ahead. There will be a guided meditation to begin with, some brief workshopping to set goals, define our intentions and set our vision. Using pictures and words we will create a poster covering all the things we want to bring in for the next 12 months. A variety of mediums, paper, newspapers, clippings, glitter, crayons, pencils, posca's, sharpies and more will be supplied to express your vision.

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### **Halloween Music Bingo!**

**Start Date:** Saturday October 25

**Session Time:** 7:00pm – 9:30pm

**Where:** The Bridgewater Sports & Social Club

**Cost:** \$15pp

**Bookings essential:** [here](#)

Hosted by the ghoulishly good Freddy Johns Presents, this spooktacular family night out is sure to be a scream! Grab your friends, dress to distress, and join us for a night of eerie entertainment – all to support your local community!

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### **Ongoing Activities**





# What's On

For more information and to register for the below programs, please visit [thehut.org.au](http://thehut.org.au)

E: [reception@thehut.org.au](mailto:reception@thehut.org.au)

P: 8339 4400

The Book Shed Stirling	Good quality secondhand books at great prices	Merrion Tce Stirling Mon-Sat 10am-4pm 4th Sunday of month
The Book Shed Woodside	Good quality secondhand books at great prices	68 Onkaparinga Valley Rd Woodside Mon, Wed-Sat 10am-4pm
Program/Event	Details	Date/Time
The Art Hub	Work on your own artwork, share and learn new ideas, and meet people with similar interests.	Mondays Weekly 10:00am - 1:00pm at The Hut
Sensory Friendly Outdoor Playgroup	This playgroup has a wide range of sensory friendly activities set in our nature play space at The Hut.	Wednesdays during term 9:30am - 11:30am at The Hut
Out and About Group	A social lunch group which meets in various venues in the Hills	Second Tuesday of the month.
Community Shed	Woodwork, social connection and tinkering	Tuesdays 9am-12 & 1-4pm & Thursdays 9am - 12pm at The Hut
Music Makers	Learn, practice and enjoy a range of musical instruments	Tues weekly 9.30-12 Grace Lutheran Church Bridgewater
Mosaics Group	All you need to create mosaics of your choice	Fridays 9:30am - 12:30pm The Hut Community Shed
Aldgate Valley Food Co-op	For purchasing organic foods and social contact.	Fridays 10.30am to 11.30 Call The Hut for location
Hills New Earth Meditation	Strengthen your inner resources to build resilience, find purpose and focus on tools to enhance spiritual growth.	Mondays 6:00pm - 7:15pm The Hut Community Centre

Support and Assistance		
Community Lunch	Delicious two-course meal featuring fresh seasonal produce.	1st Wednesday of month 12.00—2.00pm, The Hut
Repair Cafe	Repairs of small items to help reduce waste going to landfill,.	2nd Sunday of each month 10am-1 in The Hut Community Shed
Homework Club	Support with school work with volunteer tutors	Mondays, Tuesdays during term 3pm - 5pm at The Hut
Grandcarers SA	Supporting grandparents raising their grandchildren	2nd Wed of each month, 10.30am- 12 at The Hut
Food Pantry	Access to free fresh food & pantry items	Tuesdays 12pm - 2pm Thursdays 10am - 12pm at The Hut
No Interest Loans	No Interest, No fee loans up to \$2,000	Tuesdays 9am - 3pm
1:1 Computer Training	Learn to use your computer, tablet or smart phone	Monday - Friday By Appointment Only at The Hut
Community Transport	Community Bus for shopping and social outings for over 65's	Call to discuss eligibility

Fitness Programs		
Men's Moves	Healthy lifestyle program for men	Thursdays 10am—12.00noon at Woorabinda Education Centre
Strength and Balance	Gentle exercises to encourage balance and prevent falls	9.30 to 10.30 Tuesday and Thursday each week at Stirling RSL
Stretch & Breathe with Chi Kung	A gentle and restorative session for all ages and abilities	Wednesdays 10am - 11am Aldgate Oval Hall
Walking Groups	Various locations and times	Mon, Tues, Wed, Fri various times
Community Fun and Fitness	Aerobics, small weights, fun exercises	Tuesdays 9am—10 at the Bridgewater Hall.

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## Hut Volunteer Vacancies

Please email [volunteering@thehut.org.au](mailto:volunteering@thehut.org.au) if you are interested in any of the below roles. These are the only roles we are recruiting for at present;

### Champions Needed

Expressions of Interest are currently being taken for volunteers interested in becoming champions that provide 1:1 support to individuals to complete Advanced Care Directives. Training and ongoing support is provided.

### Book Shed Volunteers

Calling all book lovers! Join a fantastic team of volunteers who are passionate about books. Volunteers needed at Woodside and Stirling for shifts of 3 hours. Key tasks of this role is customer service and the processing of donations. It is essential for volunteers to have a knowledge of books and the varying genres.

### Repair Cafe Repairers

Join a vibrant group of 'Repairers' who help repair varied and interesting items that the community bring to the Repair Café – it is a highly rewarding activity which contributes and connects you to the community and to a great group of skilled people. The repair cafe is held on the 2nd Sunday of each month, 10am-1pm. We are in need of additional volunteer repairers, with an urgent need for an electrician and small engine repairs (mowers etc), so if you have a skill that you would love to use to help others, please let us know.

### Homework Club Tutors

Are you a retired teacher and have some spare time on weekday afternoon to provide homework support to students in the community? We have students seeking a volunteer tutor suited to early to mid primary with a focus on Literacy & English. The commitment is once per week during school terms for up to 1.5 hours between 3:30pm - 5pm.

### Outdoor Playgroup

Held each Wednesday during school term from 9.30am - 11.30am, in the garden at The Hut. A volunteer is required to assist the coordinator with setup from 9am, any tasks throughout the session and pack up at 11.30am. A range of art and craft, music, and other fun activities are held during the session. Parents are always in attendance. Seeking a volunteer who loves working with children, is aware of inclusive practices and can make a regular commitment.

### Events Team

Are you thinking about volunteering, but you don't have a lot of time to spare?

The Hut is wanting your support to join a team of volunteers who can help us with events. We run a range of fun events throughout the year from the Stirling Pageant, BBQ's, music nights, quiz nights, and other fundraisers.

Volunteers will be involved in a range of tasks depending on interests. These may include setting up and/or packing up the event, cooking, coordination on the day, administration tasks.

### Stirling Christmas Pageant

Are you looking for a role that is fun and has a positive impact on the community. Join the team who plan the Stirling Christmas pageant, held in December each year. Get in touch if you would like to know more.

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### Recipe of the Month

#### 10-minute cheesy gnocchi and meatball bake

##### Ingredients (8)

- 1 red capsicum
- 1 red onion
- 1 tbsp olive oil
- 3 fresh chorizo sausages ( or pkt of meatballs )
- 400g jar red wine and garlic pasta sauce
- 500g pkt fresh [gnocchi](#)
- 100g (1 cup) pizza blend shredded cheese
- Fresh continental parsley leaves, to serve



#### Method

- Boil the kettle and heat a deep ovenproof frying pan over medium-high heat. Preheat grill on high.
  - While pan and water heat up, deseed capsicum. Slice the capsicum and onion.
  - Add oil to pan. Slit end of sausages and squeeze small portions of mince from casing into pan (or add meatballs from pk). Cook, tossing, for 1 minute or until starts to brown. - Add capsicum and onion. Cook, tossing, for 2 minutes or until onion starts to soften. Add sauce. Stir until combined.
  - While the meatballs are cooking, pour the boiling water into a large saucepan over high heat. (Don't fill too high as it will take too long to boil again.) Add the gnocchi and cook until the gnocchi rises to the surface. Drain.
  - Add gnocchi to frying pan. Toss until well combined. Sprinkle over cheese. Grill for 1-2 minutes or until melted. Top with parsley.
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***Until Next Time, Stay Safe, Stay Well  
From The Hut Team***

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The Hut Community Centre is registered as a charity with the Australian Charities  
and Not-for-profits Commission. ABN 28 609 761 525

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