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Newsletter Blast December 2023

We recognise the Kaurna and Peramangk Peoples as the traditional owners of the Adelaide Hills and pay our respects to elders past, present and emerging.





Stirling Christmas Pageant

The Christmas and community spirit has well and truly arrived in the Adelaide Hills thanks to the thousands of people who came out to Stirling on Sunday as pageant goers, schools, community groups, bands, businesses, food stalls, sporting clubs and many more! What a sensational day which brought a buzz of joy to the faces of so many children and adults alike!

An ENORMOUS THANK YOU to our Major Event Sponsor Harris Real Estate together with the Event Supporters Adelaide Hills Council Stirling Market Stirling Adelaide Hills The Stirling Hotel and Stirling Community Shop the Stirling Community Christmas Pageant and Fair wouldn't be possible without this amazing collaborative contribution.

A huge shout out also to all the amazing volunteers who have worked hard throughout the year and on the day to bring the pageant to Stirling!



Volunteer Breakfast

A gathering of around 70 volunteers, and esteemed guests such as Josh Teague MP, Rebekha Sharkie MP, Councilor Leith Mudge, and the Adelaide Hills Director of Community and Development, Natalie Armstrong, joined us for our Volunteer Breakfast. Against the backdrop of a deliciously prepared breakfast served on the platform, we were fortunate that the weather cleared, allowing us to bask in the warmth of the sunshine.

The event served as an acknowledgment of the remarkable contribution made by Hut volunteers, totaling an impressive 28,000 hours in the past year. Special recognition was extended to John Dowe, who has been a dedicated Hut volunteer for 30 years.



Friends of The Hut

The Board is currently exploring an innovative donation strategy called "Friends of The Hut," aimed at acknowledging individuals and businesses making financial contributions to support our cause. Recognizing the equal importance of volunteering alongside financial support, we are also eager to develop a parallel volunteer recognition program.

To ensure the success and inclusivity of this initiative, we invite input from the community. We are reaching out to anyone interested in contributing ideas and assisting us in shaping the finer details of this program. If this sounds like you, please get in touch with Deb via email

deb@thehut.org.au



The Hut Food Pantry
Festive Food Drive
To make Christmas special for our local community

You can help by donating

Festive snacks, puddings, mince pies, nuts & treats!

Plus...Breakfast Cereals
 Pasta Sauces & Pasta
 Long Life Milk
 Coffee & Tea Bags
 Vegemite, Peanut Butter,
 Jams & Honey
 Tinned Tuna
 Tinned Vegetables
 Savoury biscuits & snacks
 Olive & Vegetable Oils

Food and cash donations will be gratefully received at The Hut, 1 Euston Rd Aldgate until Wed 20th December

 **The Hut**
Community Centre

Festive Food Drive for the Food Pantry

If your school, sporting club, church or business would like to do something impactful to support our local hills community this Christmas, please consider organising a collection to support our Festive Food Drive! Donations and special festive items are distributed to families who in financial hardship in the week before Christmas. Please contact Hayley Everuss hayley@thehut.org.au or 8339 4400 if you would like to be sent a Festive Food Pantry poster to share with your organisation.

If you are not able to drop items into The Hut but you would still like to donate, there are three other drop off points in Stirling

- In the mall by Konditorei Cafe and Stirling Fruit Mart - setup by the Stirling Business Association
- Stirling GP
- Essence Cafe

Many thanks to all of these businesses for their support!

Cooking with Caz – Christmas on a Budget

This year we received funding that will help us provide community meals and nutrition education initiatives to the Adelaide Hills Community. This funding supports us to provide opportunities for connection and education in practical ways that are supportive and accessible to everyone.

Cooking with Caz is one such initiative. It is a monthly cooking workshop with a focus on using food that is free, low cost or in season. Caz has a background as a chef and is passionate about educating people about simple ways to make nutritious food that is affordable even on the tightest of budgets.

Being December, this month's theme was hosting Christmas on a budget. Using food sourced from our Food Pantry here at The Hut, along with a few low cost ingredients from the supermarket, Caz supported the participants to cook a simple yet delicious roast turkey with vegies that can feed the whole family. Dessert was a creative concoction of ice-cream, Christmas pudding,

cherries, berry compote and then topped with ice magic.

The best part is the group get to share the meal together and enjoy the fruits of their labour!



Wrap With Love

With the generous and enthusiastic support of our many knitters, Area Contacts, administration staff, the media, transport companies and aid organisations, Wrap With Love provides more than 30,000 people with love and warmth each year, in Australia and around the World.

Trudy and Allan Purcell from the Fleurieu, visited The Hut to collect warm wraps. Locally, they delivered wraps to Mary at Whalers Emporium, who was amazed by the quality and warmth of them, and very grateful for the donation. Blankets were also provided to Foodbank, who will distribute to the homeless in the Fleurieu from their weekly food van.



Walk for Respect

Since 2018, Rotary in Australia, New Zealand and the Pacific Islands have been uniting to build awareness and education programmes to help our community identify, reduce and stop physical

Domestic Violence and non-physical Coercive Control offending.

On Saturday 25 November 2023, some of the Hut Team joined with Stirling Rotary to participate in a peaceful and non-confrontational Walk for Respect along King William Street, Adelaide, on the International Day for the Elimination of Violence Against Women.



Make a Difference for our Community Campaign

We have a new [Donate](#) button on our website!

This has been set up to raise funds to help us support people living in the Adelaide Hills. It will assist us to focus on two very insidious issues impacting on our community, cost of living and loneliness.

The **Make a Difference for our Community** Campaign runs until Christmas, raising money to help us run programs and provide services that:

1. support people who are struggling with the ever increasing cost of living - through emergency financial assistance, referrals to support services and provision of food
2. reduce the incidence of loneliness and disconnection through facilitating programs that encourage connection and engagement.

I invite you to have a look on our website, press the red Donate button and help us make a difference for our community.

Fun at Woodside Christmas Pageant

We had lots of fun getting involved at the Woodside Pageant for the very first time. With the Book Shed opening in Woodside this year in February, we have been warmly welcomed by the Woodside community. We loved giving back to the community by participating in the pageant and handing out vouchers for the Book Shed. Many thanks Woodside!



School Holiday Programs



School Holiday Program - Eco-Friendly

Christmas Craft for kids

When: Tuesday 19th December

Time: 10:00am – 12:00pm

Where: The Hut Community Centre

Cost: \$5.00pp

Bookings essential [here](#)

Come and do some nature inspired and eco-friendly crafting with us at The Hut! Activities for all ages available. Parents are required to stay with children during this session.



School Holiday Program – Whiteboard Animation

When: Friday 12th January

Time: 1:00pm – 3:00pm

Where: The Hut Community Centre

Cost: \$20 per child

Bookings essential [here](#)

Join us at The Hut Community Centre in Aldgate for an action-packed workshop and make your own Whiteboard Animation movie. The finished videos will be screened for the group and uploaded to YouTube via the GooRoo Animation Workshops channel to be shared with friends and family.



School Holiday Program – Circus Skills

When: Thursday 18th January

Time: 10:00am – 11:00am

Where: The Aldgate Oval Hall – 16 Churinga Road, Aldgate

Cost: 15 per child

Bookings essential [here](#)

Let the kids be entertained in the holidays with a fun and quirky introduction and juggling performance. Students will then be given step by step instructions on how to use 3 or more circus props. Activities may include juggling, flower sticks, plate spinning, balance sticks, hoola hoops & hand held stilts.

Make your own Pressed Flower Masterpiece!



School Holiday Workshop
Learn the art of flower pressing including tips, tricks, and which flowers to use for each season!

- This workshop will include all you need:
- quality 20x20cm wooden frame
 - a variety of pressed flowers to choose from
 - tips and tricks to collect and press your own flowers

School Holiday Program – Flower Press Workshop

When: Wednesday 24th January

Time: 1:30am – 3:00pm

Where: The Hut Community Centre

Cost: \$30 per child includes all materials

Bookings essential [here](#)

Learn the art of flower pressing including tips, tricks, and which flowers to use for each season. Kids will take home their own creative masterpiece in a high quality frame.

Upcoming Activities



Social Cuppa - Men's Morning

When: 2nd Friday of each month, 12th January 2024

Time: 10.30am

Where: Lovells Bakery, Woodside

Cost: Free

Book [here](#) or just show up!

Enjoy a chance to meet new people in a relaxed, informal setting – and a cuppa and cake on us!



'Food that's nutritious for the body and the soul!'

Learn to cook on a budget using in-season food that is low cost and good for you!

Cooking With Caz

When: Wednesday 17 January

Session Time: 12:30pm – 3:00pm

Where: The Hut Community Centre

Cost: Free

Bookings essential [here](#)

Join experienced Chef Caz to learn how to create nutritious meals based on what you can find at our pantry, in the garden or in season at the supermarket. These monthly sessions will use food that is on hand and therefore the contents of the meals will change each session and will not be predetermined. A part of these sessions is being creative with what you can find at low cost to make nutritious and delicious meals for yourself, your family or others in your community.



SUNSET SESSIONS @ THE STATION

Relax & unwind at a stunning heritage railway station with tunes by Kaelin Haimes!

Aussie BBQ
Food available for purchase

Enjoy roo, chicken or grilled veg on the BBQ seasoned with flavours of the bush!

Friday January 19 5:30pm - 8:00pm

BYO drinks, alcohol permitted
Kids under 12 free entry
Vegetarian and vegan options available

Sunset Sessions @The Station - Aussie BBQ

When: Friday January 19

Session Time: 5:30pm – 8:00pm

Where: The Hut Community Centre

Cost: \$15 includes Entry & Meal

Bookings essential [here](#)

Relax & unwind at a stunning heritage railway station with tunes by Kaelin Haimes and Aussie BBQ meals available for purchase.

Enjoy roo, chicken or grilled veg on the BBQ seasoned with flavours of the bush!

Kaelin Haimes is based in both Mount Barker and Streaky Bay and we are so excited for her to bring her acoustic talents to our event!



Create & Sip Pressed Flower Workshop

Learn the art of flower pressing while enjoying a glass of red or white, nibbles and good company.

This workshop will include all you need:
Quality 20x20cm wooden frame
A variety of pressed flowers to choose from
Tips and tricks to collect and press your own flowers

Create & Sip: Flower Press Workshop

When: Wednesday 24th January

Session Time: 5:30pm – 7:30pm

Where: The Hut Community Centre

Cost: \$45 per person includes all materials, nibbles and a glass of wine

Bookings essential [here](#)

Learn the art of flower pressing while enjoying a glass of red or white, nibbles and good company. This workshop includes tips, tricks, and which flowers to use for each season and you will take home your very own creative masterpiece in a high quality frame.



NICE. EASY. SIMPLE. TIPS.

NEST

Learn to Cook Easy, Cheap & Healthy Meals with Oz Harvest – 6 week program

When: Monday 29th January

Time: 12:00pm – 2:30pm

Where: The Village Well - 54 Strathalbyn Road, Aldgate.

Cost: FREE

Bookings essential [here](#)

OzHarvest’s NEST program is a 2.5 hr x 6 week nutrition and cooking on a budget program! Come along to build your knowledge and skills in this hands-on, welcoming and fun environment. Lunch will be provided each week, and you will receive your own OzHarvest Everyday Cookbook at the end of the 6 weeks. We encourage participants to attend as many of the sessions as possible.

Ongoing Programs and Services

xmas closures

Program closure dates for December 2023/ January 2024

P: 8339 4400 E: reception@thehut.org.au



Program/Event	Last Day 2023	First Day 2024
The Hut	22/12/23	2/01/24
Book Shed Stirling	23/12/23	2/01/24
Book Shed Woodside	23/12/23	3/01/24
Bounce	15/12/23	Not resuming
Chi Kung	13/12/23	17/1/24
Community Buses *See below for trips	No change to shopping, public holidays rescheduled	
*Mystery Trips	13/12/23	17/1/24
*Tuesday Bus Outing	28/11/23	27/02/24
*Something Different	14/12/23	1/02/21
*Let's Do Dinner	21/11/23	16/01/24
*Suburban Shop	4/12/23	15/01/24
*Saturday	9/12/23	10/02/24
Community Fun & Fitness	19/12/23	3/1/24
Community Garden	21/12/23	2/1/24
Community Shed	21/12/23	9/1/24
Community Lunch	6/12/23	7/2/24
Computer Training 1:1	21/12/23	2/1/24

Program/Event	Last Day 2023	First Day 2024
Emergency Relief	21/12/23	2/1/24
Food Co-op	22/12/23	5/1/24
Food Pantry	21/12/23	2/1/24
Homework Club	13/12/23	29/1/24
Hills NILS	7/12/23	9/1/24
Men's Morning	8/12/23	12/1/24
Men's Moves	21/12/23	11/1/24
Mosaics	15/12/23	2/2/24
Music Makers	12/12/23	13/2/24
Out & About Group	12/12/24	13/2/24
Outdoor Playgroup	13/12/23	31/1/24
Personal Transport	22/12/23	2/1/24
Repair Café (monthly)	10/12/23	13/1/24
Strength and Balance	14/12/23	16/1/24
Wrapped with Love	11/12/23	15/1/24
Writing Group	19/12/23	End January
Walking groups: Monday Tuesday Wednesday Friday	18/12/23 28/11/23 13/12/23 8/12/23	23/1/24 9/1/24 17/1/24 1/3/24

Hut Volunteer Vacancies

Please email volunteering@thehut.org.au if interested in any of these roles

These are the only roles we are recruiting for at present

Bus Outings

Drivers and helpers required for backup. The bus program takes seniors shopping and on social outings.

Flier Distribution

Help us to promote our services and programs through the delivery of fliers to local outlets. These will include local noticeboards in shopping centres and public places. This can be done in your own time and will be approximately once per month.

Repair Cafe Repairers

The repair cafe is held on the 2nd Sunday of each month, 10am-1pm. We are in need of additional volunteer repairers, so if you have a skill that you would love to use to help others, please let us know.

Wrap With Love

Do you love knitting, crocheting and sewing?

Join us on Mondays 1-3pm for Wrap With Love. Volunteers are needed to help knit, stitch together, sew on labels and tidy rugs ready to be sent to those in need. See the Wrap with Love article earlier in this edition for more information about Wrap With Love.



Recipe of the Month

SPICED LAMB WRAPS

Just before you start cooking and eating your roast turkeys, roast pork, glazed hams etc...etc....
how about something quick easy?

Serves 4

1 tbsp oil

1 large red onion, chopped.

1 red chili (optional)

1-2 garlic cloves chopped or crushed.

200g lamb mince

3 tbsp curry paste (tikka is good for this)

400g can chopper tomatoes

2 large potatoes, cut into 2cm cubes.

250g frozen peas

8 flour wraps or chapatis, warmed.

140g yogurt

Chopped coriander (optional)

Heat oil in pan, add onion and chili if using, and cook on low heat to soften. Add garlic, stir for 1 min, then add lamb mince, turn up heat and cook till browned. Stir in the curry paste, potatoes, tomatoes and $\frac{1}{2}$ a can of water. Season well with pepper and salt, cover with a lid and simmer for 20 minutes or until potatoes are nearly cooked.

Remove lid and simmer a further 10-15 minutes until the liquid has reduced and the sauce clings to the potatoes and mince. Add the peas, stir though until defrosted, then serve with warm wraps yoghurt, chopped coriander if using.

Merry Christmas everyone and remember there's NO calories in Christmas food- thanks Santa!!!



***Until Next Time, Stay Safe, Stay Well
From The Hut Team***



The Hut Community Centre is registered as a charity with the Australian Charities and Not-for-profits Commission. ABN 28 609 761 525

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