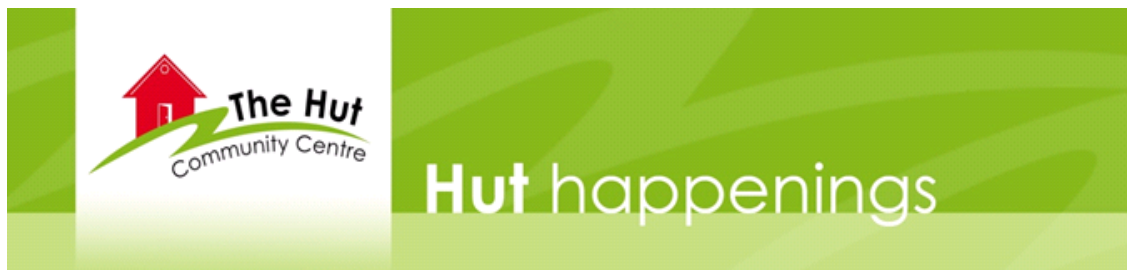


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Newsletter Blast November 2022

We recognise the Kurna and Peramangk Peoples as the traditional owners of the Adelaide Hills and pay our respects to elders past, present and emerging.

New Board for The Hut

The Hut Community Centre Annual Report was recently presented at our Annual General Meeting (AGM). The report highlighted some fantastic achievements and activities that occurred throughout the year. It is now available online or you can collect a copy from the centre. It also has the beautiful work of Zinia King on the cover. [View the Annual report here](#)

The AGM also provided the opportunity for members to vote in the election of new board members. We would like to welcome new board members Pamela Patane, Neil Wallace, and Dr Sarah Moulds. We also had three existing Board members re-nominating for their second term, David Rawnsley, Deb Turnbull, and Ann Croser.

As per the constitution it is a requirement to hold the first Board meeting within 7 days after the AGM, at this meeting the following positions were voted in: Board Chair - David Rawnsley, Deputy Chair - Deb Turnbull, Treasurer - Greg Bussell.

To view the full Board and a little bit of information about them, please click [here](#)

Exciting times ahead in Woodside!

The main street of Woodside was at a standstill on Wednesday this week as the three sectioned transportable was craned into place in its new home.

We have been waiting in anticipation for this event for the past 12 months, so we are so excited that they have finally arrived.

There is a fair bit of work to be done over the coming month or two to prepare the interior ready for a lovely new Bookshed.

The types of work that will be undertaken will be as follows, if you are able to help out with any of these tasks or would like to be more involved, please let us know:

- We are currently seeking a plumber who can connect up the water and septic and sign it off- needed within the next week from Friday onwards.
- Painting the kitchen on Wednesday 16th November - **Urgently need 1-2 volunteers for this**
- Commence painting the main part of the building the week of the 21st November
- Wooden ramp to be built at the front of the building to disability standards – this can be done anytime from now
- Laying carpet in the main area and vinyl in the kitchen
- Setting up the Flatpax kitchen and tiling a backboard– after the painting is done
- Tiling the floor in the bathroom
- Installation of toilet and sink in bathroom
- Planting a garden along the front edge
- Installing internal walls and doors

If you would like more information , please feel free to give us a call on 8339 4400



Planet Friendly Pageant for Stirling

Sunday 4th December, 4pm – 8pm, Stirling Oval

Calling all businesses, community groups, schools and kindys!

Float registrations for the Stirling Pageant will be closing soon, so if you have been thinking about participating, now is the time to register.

We will be recruiting volunteers soon to help on the day, but are currently seeking:

- budding volunteer photographers to help us capture the memories of the day

- People interested in dressing up as clowns or other bright and colourful costumes for the parade

If you would like to find out more or are interested in volunteering please contact us at pageant@thehut.org.au or phone 83394400.

If interested in having a float in the Parade please click [here](#)

A promotional poster for the Stirling Community Christmas Pageant 2022. The top section has a yellow background with red stars and the text 'Stirling Community Christmas Pageant 2022' in a large, red, serif font. Below this, in a smaller red font, is 'Sunday 4th December 4-8pm'. A red banner with a white star contains the logo for 'The Hut Community Centre', which features a stylized house icon. Below the banner is a green speech bubble with the text 'Join us for the fun!' in a green, cursive font. The bottom half of the poster is a photograph of two young girls in colorful costumes and face paint, holding rainbow streamers, standing in a parade. The bottom of the poster has a yellow background with the text 'Thank you to major sponsor' in black and 'HARRIS' in large, bold, black letters.

**Stirling Community
Christmas Pageant 2022**
Sunday 4th December 4-8pm

**The Hut
Community Centre**

Join us for the fun!

Thank you to major sponsor **HARRIS**

Donate your Bottles and Cans this Christmas

Are you looking for a simple, impactful, planet friendly way to make a difference this Christmas?

We are so grateful to be working with the 5C's again this year to collect bottles and cans for our Festive Food Pantry Program. The 5C's (Collecting Cash Convertible Containers for Charities) are a wonderful group of people who give their time and talents to help local charities raise valuable funds. Every 10c adds up quickly and makes an impact! These funds will make a huge difference to people in our community who are in financial hardship during the festive season. Please help us and the 5C's by dropping in your cans and bottles to The Hut reception area between now and Christmas.



Grow, Share Care!

Our Food Pantry provides fresh produce and staple groceries to people in the Adelaide Hills who are experiencing financial hardship. Since inception, we have assisted more than 170 families and the need for this assistance is certainly vital currently with rising cost of living. One aim of the Food Pantry is to share

surplus food and promote good health and wellbeing in our community and improve food access for those in need. Do you sometimes end up with surplus in your vegetable garden or more fruit in your home orchard than you need, and are willing to share? Please consider donating your excess fresh fruit and vegetables to our Food Pantry (open Tuesdays and Thursday for distribution). Donations of any size will be gratefully received at The Hut Monday to Friday 9am to 4pm.



Do you sometimes end up with surplus in your vegetable garden or more fruit in your home orchard than you need, and are willing to share?

Grow Share Care

for the Food Pantry

Fresh produce and staple groceries for people in the Adelaide Hills who are experiencing financial hardship.





Sunset Sessions are back!

Sunset Sessions @ The Station - Italian Night

Friday 18th November 5.30pm-8pm

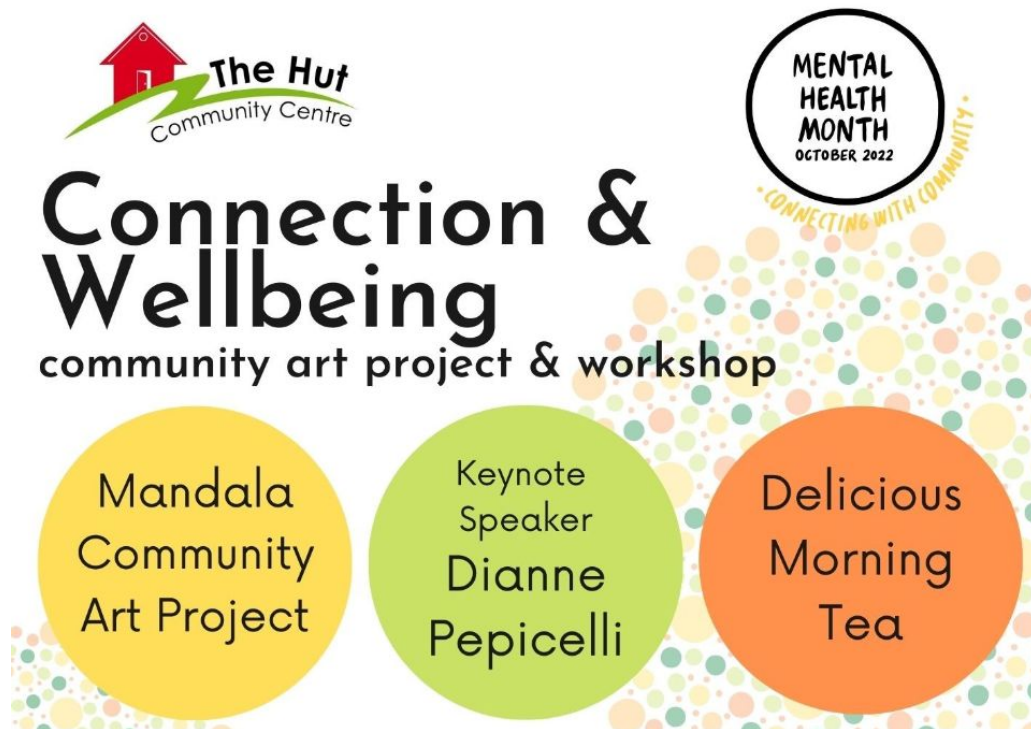
Italian inspired food available for purchase and live music on The Platform!

Performance by members of Mambo Italiano! Enjoy Italian classics performed live by experienced and popular musicians from Mambo Italiano while enjoying pasta on the platform!

Prices will be low cost and there will be a variety of food options available

BYO drinks, alcohol is permitted. Please bring your own glasses too!

It's a popular event, so get in quick!. Book [here](#)



Get Involved in a Community Project and learn more about Mental Health

Mental Health Awareness Month is a national event that aims to improve community awareness and interest in mental health and wellbeing.

This years theme is 'Connecting With Community', something that we here at The Hut really pride ourselves on. With the support from a grant from MHCSA, we have decided to host a free event for our community in the Adelaide Hills.

Join us on Thursday November 24 for a fun and engaging session creating a colourful community art project and hearing from keynote speaker Dianne Pepicelli. Get creative while learning more about why prioritising our wellbeing is so important. This session will include practical ways to improve and maintain your mental wellbeing while using art as a way to express yourself and support positive mental health! You can book [here](#)

This event was made possible with funding from the Mental Health Coalition of SA and Barossa Hills Fleurieu Local Health Network. To find out more visit <https://mhcsa.org.au/mental-health-month/>

Community Learning Program in 2023!

Check out some of the exciting courses we have available for term 1 2023

Community Learning Courses boost confidence and foundation skills (language, numeracy, digital and other skills), helping you feel ready to take the next step towards your goals. The courses achieve this by providing knowledgeable and supportive trainers and mentors that help you to engage with the course content but also use your new knowledge to progress your personal goals.

All classes are fully funded by the Department of Innovation and Skills and available to community members who:

- *live in South Australia and,
- *have a valid visa to work or study and
- *are 17 or older and

*are not enrolled in school

For more information please email programs@thehut.org.au



Intro to Horticulture

If you are looking to explore a pathway into gardening, landscaping or horticulture but want to learn some basics to get you started, this course is for you! With our experienced horticulture facilitator, you will learn a range of theory and practical skills to start you on your pathway to further study or employment.



Intro to Small Business

Launching your own small business can create new opportunities and alternative income streams for yourself. This practical, step-by-step course will guide you on how to launch and grow your small business ideas or take a step back and give your existing business a revamp.



Intro to Microsoft Office

If you would like to explore all the ins and outs of Microsoft Office and the diverse practical application of tools available, then this course is for you! Our experienced tutor will take you step by step through the basics of applications such as Word, Excel and PowerPoint and explore some of the more specific tips and tricks that can give you a professional edge.



Calling all Garden Lovers!

The inaugural event of The Adelaide Hills Garden Affair will be held on 30th April 2023.

The organising committee are currently gathering interest from Exhibitors. If anyone has, or knows of, a small specialist gardening related business who might like to join the event, please let them know on the contact details below. They would love to find little known small enterprises who would like to promote what they do.

The Hut is going to be involved in this fantastic event, watch this space for more details.

30th April 2023
Mylor Oval
10 am to 4 pm

- ✿ The Adelaide Hills Garden Affair welcomes you to attend & participate in this inaugural event coinciding with the spectacular autumn colour of the Adelaide Hills.
- ✿ The Garden Affair will promote the many & varied Hills Gardening Clubs, Plant Societies, Nurseries & Garden Suppliers to showcase the joys & benefits of gardening.
- ✿ Plant stalls, workshops, demonstrations, food & more.

www.adelaidehillsgardenaffair.au

Enquiries:

email: adelaidehillsgardenaffair@gmail.com

Elizabeth Dobson

mob: 0400 116 463

OR

Barb Field

mob: 0432 352 569

Round Table Presentations

WE NEED COMMUNITY VOLUNTEERS TO ENJOY STUDENT PRESENTATIONS

When: Tuesday 29th Nov.

@ Heathfield High School

Volunteers Role:

1. Decide you want to be part of a fascinating and rewarding experience at Heathfield High school to experience students presenting on topics they are knowledgeable and passionate about.
2. Let us know what time you can be available between 8.30 and 5pm (early and late are when we need the most people, as they are the busiest times).
3. Attend on the day to sit on a panel for a 10 minute presentation from a year 9 student about an area of passion or expertise. There will then be an opportunity for 5 minutes to ask questions of the student, followed by assessment of the presentation. The panel will consist of a parent, teacher and friend of the student presenting.
4. Eat free food provided.
5. Contact us: phone 81399300 or email ross.wall449@schools.sa.edu.au



Roy & Fiona's

Mylor Country Garden

The entrance to Roy and Fiona's Mylor Country Garden is lovely – the setting is idyllic and from the long gravel driveway overhung with mature leafy trees there are scenic views of the rocky Aldgate Creek as it flows through the property. The 1860s stone cottage perched on the side of the hill is surrounded by a pretty country garden filled with old fashioned favourites.

In recent years the garden has been renovated with thought given to retaining the cottage garden ambiance. Paths wind through beds of camellias, roses, iris, foxgloves, acanthus and aquilegias adding touches of colour to the green of the many trees in the garden. A Pierre de Ronsard rose climbs up the mellow stone wall of an old outbuilding, its gable-end the ideal spot for an espaliered quince.

The swimming pool is a recent addition and to ensure it blended with its surroundings, recycled or natural materials were used in the custom-built pool fence and the hardscaping. In this area, generous drifts of soft grasses add a more modern touch while complementing the old garden.

There are fruit trees and a vegetable garden with raised beds, and sculptures by Astra Electra Parker and Nicholas Uhlmann.

An enchanting country garden in a picturesque location.

- Stirling Country Women's Association will offer teas
 - Tupelo Grove will have plants for sale
 - Guide dogs will have a display.
 -

Please note: This garden is not suitable for wheelchairs; it has a fenced pool and a creek.

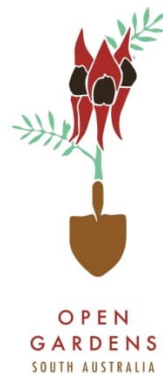
The Chosen Charities are: Guide Dogs and CWA



100 Aldgate Valley Road, Mylor

Saturday 12 & Sunday 13 November

Open 10am-4.30pm
Entry \$10 (U18 free: concession available)
Info opengardensa.org.au



We have an array of workshops that change each term but did you know about all of these regular programs?

Such a diverse range of opportunities for our community to get involved, give reception a call to find out more 83394400

Program	When is it on?
Bounce	Monday – Friday 6.15am and 9.30am Mt Lofty Sports Club
Chair Yoga	On hold for now
Chi Kung	On hold for now
Community Buses	Shopping and social outings various days
Community Fun & Fitness	Tuesdays weekly 9am at Bridgewater Hall
Community Garden	Tuesdays and Thursdays 9am-2pm at The Hut
Community Shed	Tuesdays and Thursdays 9am-12.30 at the Community Shed
Computer Training 1:1	Monday-Friday at The Hut
Emergency Relief	Monday-Friday at The Hut
Food Co-op	Fridays 10.30am-11.30 Aldgate Valley Hall
Food Pantry	Tuesdays 1pm-3, Thursdays 10am-12 at The Hut
Homework Club	Tuesdays 3.30pm – 5pm at The Hut
Hills NILS	Monday-Friday at The Hut
Leadlight course	Sundays 6pm-9pm Community Shed
Men's Moves	Thursdays 10am-12 Aldgate Valley Hall
Mosaics	Fridays 9.30am- 12.30 Community Shed
Music Makers	Tuesdays 9.30am-12 Grace Lutheran Church Bridgewater
Out & About Group	Meets 2 nd Tuesday of month for lunch, various locations
Personal Transport	Monday-Friday
Strength and Balance	Tuesdays and Thursdays 9.30am – 10.30 Stirling RSL
Walking groups	Monday, Tuesday, Wednesday, Friday, various locations

TERM 4



Active Kids - Gymnastics Circus Combo with 22too

When: Start Date Wednesday 2nd November

Session Time: 9:30am – 10:30am

Suitable for ages 18 months -5 years

Where: Bridgewater Hall, Bridgewater.

Cost: \$48 (4 weeks payable by term)

Open up the world of gymnastics in a supportive and fun environment, developing fine and gross motor skills, including hand-eye coordination, while creatively exploring skills to increase self-confidence and self-esteem. Strength and flexibility are key areas

that are focused on as well as having lots of fun with a new theme each week!

If the term has already commenced and you would like to join, please [email](#) us



Sunset Sessions @ The Station: Italian Night

When: Friday 18th November

Session Time: 5:30pm – 8:00pm

Where: The Hut Community Centre

Cost: FREE

Bookings essential [here](#)

Join us for a Friday night of Italian food, Italian music and amazing company! *Enjoy Italian classics performed live by experienced and popular musicians from Mambo Italiano while enjoying pasta on the platform!*



Well-Being & Connection Community Event

When: Thursday 24th November

Session Time: 10:00am – 12:00pm

Where: The Hut Community Centre

Cost: FREE

Bookings essential [here](#) or call 8339 4400

Join us on Thursday November 24 for a fun and engaging session creating a colourful community art project and hearing from keynote speaker Dianne Pepicelli. This session will include practical ways to improve and maintain your mental wellbeing while using art as a way to express yourself and support positive mental health!

Print Making for Families - An Australian Christmas

When: Sunday 27th November

Session Time: 1:00pm – 3:00pm

Where: The Hut Community Centre



PRINT MAKING
for families
An Australian Christmas

Join artist Jorji Gardener for a nature inspired Christmas workshop and create your own cards and gifts for friends and family!

"First Impressions" by Jorji Gardener

Cost: \$20 per family (2 adults – up to 4 children)

Bookings essential [here](#)

Enjoy a creative and planet friendly family activity making cards, prints and gifts for your friends and family! All materials provided for the session. Please bring plant material from home if you would like.



Station Social
December activity:
Paint & Sip

Paint a Bush Christmas inspired work of art!!

December 15th, 5:30-7:30pm
\$25pp

Facilitated by local artist Mikayla Reid.

Bookings essential via Humanitix:
<https://events.humanitix.com/paint-and-sip-station-social-dec>

Station Social Paint & Sip - Christmas in the Bush

When: Thursday 15th December

Session Time: 5:30pm – 7:30pm

Where: The Hut Community Centre

Cost: \$25 per person (includes all materials, nibbles and a glass of wine)

Bookings essential [here](#)

Facilitated by artist Mikaela Reid, this group will learn step by step to paint Van Gogh's 'Sunflowers' in acrylic on canvas while sipping on a red or a white.



Gingerbread Christmas Trees
with
Clever Belly

Gingerbread Cake Christmas Trees

When: Tuesday 20th December

Session Time: 10:30am – 12:00pm

Where: The Village Well in Aldgate

Cost: \$15 per child (suitable for ages 8-14 years)

Bookings essential [here](#)

Make a Gingerbread Cake Christmas Tree and decorate it all ready for Christmas Day!

Facilitated by Belinda from Clever Belly

Kitchens, kids will learn steps to create their own edible work of art!

Repair Cafe



When: Second Sunday of each month (13th November)

Session Time: 10.00am – 1:00pm

Where: The Hut Community Shed

Cost: Donation appreciated

No Bookings required

Volunteers are available to assist with repairs to small wooden items, electrical appliances, pushbikes, tool sharpening, clothes darning and sewing.

On Each Week



Miss Sunshine Music Mornings

When: Tuesdays every week

Session Time: 9:00am – 12:00am

Suitable for all ages

Where: The Garden at The Hut Community Centre

Cost: FREE

No Bookings required

Enjoy a coffee from the Miss Sunshine Van and live music thanks to AHH Lifeskills while relaxing in the sensory garden or playing with our giant picnic games. The Nature Play area is open with a fairy garden ready to be explored and at 10:30am there is a singalong for the kids.

Play on the Platform

When: Thursdays every week

Session Time: 9:30am – 11:00am

Suitable for all ages

Where: The Platform at The Hut Community Centre

Cost: FREE

No Bookings required

Come join us for an all outdoor fun program with giant games, board games and even



morning tea. All ages welcome and encouraged!



Community Shed

When: Tuesdays and Thursdays every week

Session Time: 9:00am – 12:00am

Suitable for all ages

Where: The Hut Community Shed, Euston Rd
Aldgate

Cost: \$25 per quarter

No Bookings required

Woodwork, fun and friendships!



Writing Group

When: Each Tuesday

Session Time: 10.30am - 12

Where: Woorabinda Education Centre,
Woorabinda Drive Stirling

Cost: FREE

Bookings: 83394400 reception@thehut.org.au

Develop your writing skills in a supportive group setting while exploring your own unique style and interests in writing.

Facilitated by experienced local writer Tony Rogers.

Volunteer Vacancies

Please email volunteering@thehut.org.au if interested in any of these roles

These are the only roles we are recruiting for at present

Be Connected Tutors

Volunteer tutors are required to provide support in small group sessions to seniors wanting to learn the basics of computing and browse the web.

Hours are flexible and training on the available resources will be provided. Competent computer skills are required along with a calm and patient manner.

Flier Distribution

Help us to promote our services and programs through the delivery of fliers to local outlets. These will include local noticeboards in shopping centres and public places. This can be done in your own time and will be approximately once per month.

Administration support for Programs

An administration volunteer is required a minimum one day per week to assist with administration tasks associated with the setup of programs. These can include the completion of forms, preparing and printing documents for programs, attendance lists, promotion, flier development, and making phone calls.

Excellent computer skills required and a high level of organisational skills.

Community Bus Program

The Community Bus program provides a shopping and social outing service for Seniors living independently. We are in need of volunteers to fill-in on an adhoc basis for the role of driver and/or helper. The time commitment varies depending on the outing, but is flexible around the volunteers availability.

Bookshed Woodside

Calling all avid readers with fantastic customer service skills, we need you!

A new Bookshed at Woodside is currently being setup, with the aim to open in the new year. Volunteers are responsible for the welcoming and serving customers, sorting and shelving book donations, and general day to day running of the Bookshed, as a part of a small team.

If this sounds like the right role for you then we would love to hear from you.

Community Lottery is now on!

Grab your winning ticket and help The Hut raise valuable funds, proceeds of all ticket sales go straight to The Hut.

We aim to raise \$2000, help us to achieve that goal. Tickets are only \$2 each and there certainly are some amazing prizes on offer.

Please feel free to spread the word with family and friends too.

You can find out more about the prizes and how to buy a ticket [here](#)

<p>1st Prize</p> <p>Toyota Kluger Hybrid GX RRP \$59,551</p> 	<p>Early Bird Prize!</p>  <p>2nd Prize</p> <p>Toyota C-HR GR-Sport Hybrid RRP \$42,306</p>  <p>3rd Prize</p> <p>Kozco Energy Solar Panel/Battery package RRP \$23,490</p> 
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Buy a \$2 ticket in the People's Choice Community Lottery to support us and go into the draw to win one of 43 prizes worth over \$300,000!

communitylottery.com.au

People's Choice
COMMUNITY LOTTERY

Your support for our fundraising at The Hut Community Centre Inc can now save you money everywhere you travel in the next 12 months.

Your round trip ticket to everyday savings!

RENEW ANY:

RECEIVE A:

TO:

Single City

Bonus Upgrade*

Multi City

Who doesn't love a free upgrade?

RENEW NOW

*Terms and conditions apply

For a limited time you can purchase a Single City Membership to the Entertainment App, and receive a **bonus** Multi City upgrade*, unlocking access to 20 cities and thousands of offers anywhere in Australia, New Zealand and Bali.

And of course 20% of the membership goes directly to support our fundraising at The Hut Community Centre Inc

Save on the cost of a Membership that will have you exploring more for less!

3 Month Membership

Single City
\$29.99

BONUS UPGRADE
to Multi City

SAVE \$10

12 Month Membership

Single City
\$69.99

BONUS UPGRADE
to Multi City

SAVE \$50

24 Month Membership

Single City
\$119.99

BONUS UPGRADE
to Multi City

SAVE \$110

Now you can enjoy the best restaurants, cafes, fine dining and shopping with your family while traveling - and donate to our fundraising.



Get this limited-time offer at our fundraising page (LINK) :

<https://subscribe.entertainment.com.au/fundraiser/1a67085>

Buy one for yourself, and for a loved one. Every purchase helps our fundraising effort.

A Hut volunteer has alerted us to a series of break-ins that have occurred recently in the Stirling and Bridgewater area. After doing some investigation the following information was found on the SAPOL website. This information is not being shared to alarm readers but just to remind the community of being vigilant with locking up your homes and cars and being aware of any unusual activity.

Police are investigating a series of break-ins around Stirling over the weekend and investigating if the suspects captured on CCTV at one property are involved.

About 2.45am Saturday 5 November the victim was awoken by noises inside their Orley Avenue home and a short time later found that three sets of car keys had been stolen. The victim was not confronted. Two sets of car keys were later located discarded outside.

CCTV of the suspects shows three people in dark clothing approaching the house just before the break in.

[Video](#) - If you recognise any of these people please contact Crime Stoppers on 1800 333 000 or report on line at www.crimestopperssa.com.au and quote reference 22-124M

Several other incidents were also reported on Saturday 5 November and police are investigating if they are linked.



Recipe of the month

CHEESY POLENTA WITH SAUTED SPINACH & MUSHROOMS

Serves 2-4

- 1 bunch English Spinach- trimmed from stems and roughly chopped
- 2 cloves Garlic chopped or minced
- 200-250g Mushrooms- Swiss brown or any you like, sliced
- 1 cup Polenta
- 2-3 cups water or broth- this could be chicken stock
- 1 tbsp olive oil
- ½ cup fresh grated Parmesan cheese
- Salt pepper to taste

In a large pan, heat oil over med-high heat. Sauté the mushrooms and garlic for 3 minutes, or until the mushrooms begin to soften. Season with salt and pepper and remove to a bowl. Add spinach in same pot tossing to coat in left over oil and cook 1 minute- longer if using silver beet spinach – until starting to soften. Season with salt and pepper. Remove from heat and set aside.

In a large pot, bring water or stock/broth to a boil (I start with 2 cups but add more if too thick). Once boiling add polenta and stir. Cook for 3-5 minutes or until the polenta reaches your desired consistency. Taste and season with salt and pepper if needed. Remove from heat, stir in cheese (I add some cheeky butter- because butter makes everything taste better!)

Portion out into bowls, top with the mushrooms and spinach.

Enjoy!



***Until Next Time, Stay Safe, Stay Well
From The Hut Team***



The Hut Community Centre is registered as a charity with the Australian Charities and Not-for-profits Commission. ABN 28 609 761 525

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